

Snowman Trek

A 28-day, world-renowned expedition through Bhutan's high north - widely considered one of the hardest treks on Earth.

TRIP LENGTH

28 days / 27 nights

GROUP SIZE

Up to 6

STYLE

Trekking

ACTIVITY LEVEL

Challenging

FROM

Nu. 322,000 per person

Fewer people complete the Snowman Trek each year than climb Everest. It links the Jomolhari and Laya-Gasa routes and continues deep into remote Lunana, crossing pass after pass above 4,700m - including Rinchen Zoe La at 5,326m - before finally descending near Gangtey. This is a serious undertaking that demands real fitness and flexible dates, since heavy snow can close the route entirely in a given year.

Day by day

Day 1 - Arrival in Paro

Paro

Arrive at Paro International Airport and visit the national museum.

Includes: National Museum

Meals: Lunch, Dinner | Stay: No overnight stay

Day 2 - Tiger's Nest hike

Paro

Acclimatize with Bhutan's signature hike before a long trek ahead.

Includes: Paro Taktsang (Tiger's Nest)

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 3 - Trek begins: Paro to Shana

Paro

Follow the Paro Chhu into Jigme Dorji National Park.

Includes: Jigme Dorji National Park

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 4 - Shana to Thangthangka

Paro

Climb through forest toward the high country at 3,800m.

Includes: Forest trail

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 5 - Thangthangka to Jangothang

Paro

Arrive at the foot of Mt. Jomolhari.

Includes: Jangothang (Jomolhari base camp)

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 6 - Acclimatization day at Jangothang

Paro

A rest day with an optional hike to Tshophu Lake.

Includes: Tshophu Lake (optional)

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 7 - Over Nyile La to Lingshi

Thimphu

A 4,700m pass into the remote Lingshi valley.

Includes: Nyile La Pass, Lingshi Dzong

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 8 - Lingshi to Chebisa

Thimphu

A short day to a village known for its cliffside waterfall.

Includes: Chebisa waterfall

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 9 - Chebisa to Shomuthang via Gombu La

Gasa

Cross a 4,440m pass into blue-sheep country.

Includes: Gombu La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 10 - Shomuthang to Robluthang via Jare La

Gasa

A 4,750m pass through a valley known for takin sightings.

Includes: Jare La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 11 - Robluthang to Limithang via Sinche La

Gasa

One of the trek's toughest days, over a 5,005m pass.

Includes: Sinche La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 12 - Limithang to Laya

Gasa

Descend into one of Bhutan's most distinctive villages.

Includes: Laya village

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 13 - Rest day in Laya

Gasa

Time among the yak-herding Layap community before pushing further north.

Includes: Layap cultural visit

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 14 - Laya to Rodophu

Gasa

Leaving the last permanent settlement behind for the high Lunana approach.

Includes: Remote high trail

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 15 - Rodophu to Narethang via Tsemo La

Gasa

A 4,900m pass into increasingly stark high terrain.

Includes: Tsemo La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 16 - Narethang to Tarina via Karakachu La

Gasa

One of the expedition's highest passes, at 5,017m.

Includes: Karakachu La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 17 - Tarina to Woche

Gasa

The first village of the remote Lunana region.

Includes: Woche village

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 18 - Woche to Lhedi via Kechu La

Gasa

Pass a string of high alpine lakes at 4,700m.

Includes: Kechu La Pass, Alpine lakes

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 19 - Lhedi to Thanza

Gasa

Arrive beneath Table Mountain and Chozo Dzong, deep in Lunana.

Includes: Chozo Dzong, Table Mountain views

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 20 - Rest day at Thanza

Gasa

A buffer day built in for weather and altitude.

Includes: Lunana village life

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 21 - Thanza to Tshochena

Gasa

A long day past a cluster of glacial lakes.

Includes: Glacial lakes

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 22 - Tshochena to Jichudramo via Loju La

Wangdue Phodrang

Continuing east through increasingly remote terrain.

Includes: Loju La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 23 - Jichudramo to Chukarpo via Rinchen Zoe La

Wangdue Phodrang

The expedition's highest point, at 5,326m.

Includes: Rinchen Zoe La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 24 - Chukarpo to Tampoe Tshe

Wangdue Phodrang

Descending back into forested terrain.

Includes: Forest descent

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 25 - Tampoe Tshe to Maurothang via Tempe La

Wangdue Phodrang

The trek's last major pass before the descent to civilization.

Includes: Tempe La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 26 - Trek out to Sephu, drive to Gangtey

Wangdue Phodrang

Reconnect with the road network after over three weeks on foot.

Includes: Sephu roadhead

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 27 - Gangtey to Paro

Paro

A rest day's drive back to Paro Valley.

Includes: Scenic drive

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 28 - Departure

Paro

Transfer to the airport for your flight home.

Includes: Departure transfer

Meals: Breakfast | Stay: No overnight stay

What's included

Included in the price

- + Licensed guide & trek crew
- + Camping equipment
- + Pack animals for gear
- + All meals during the trek
- + Hotel accommodation on non-trek nights

Not included

- International flights
- Sustainable Development Fee (SDF)
- Visa fee
- Personal expenses

Scheduled departures

Prices are per person in Bhutanese ngultrum (BTN), sharing a twin room.

DEPARTS / RETURNS	PRICE	AVAILABILITY
3 Oct 2026 to 30 Oct 2026	Nu. 322,000	Available
17 Oct 2026 to 13 Nov 2026	Nu. 322,000	Limited space
14 Nov 2026 to 11 Dec 2026	Nu. 322,000	Available
9 Dec 2026 to 5 Jan 2027	Nu. 322,000	Sold out
20 Jan 2027 to 16 Feb 2027	Nu. 322,000	Available
18 Feb 2027 to 17 Mar 2027	Nu. 322,000	Available
7 Mar 2027 to 3 Apr 2027	Nu. 322,000	Available
9 Apr 2027 to 6 May 2027	Nu. 322,000	Sold out
7 May 2027 to 3 Jun 2027	Nu. 322,000	Available
19 Sep 2027 to 16 Oct 2027	Nu. 322,000	Available
11 Oct 2027 to 7 Nov 2027	Nu. 322,000	Sold out
22 Oct 2027 to 18 Nov 2027	Nu. 322,000	Available
21 Nov 2027 to 18 Dec 2027	Nu. 322,000	Available

Talk to us

Send us a message through our website:

<https://www.dttbhutan.com/contact>

Monday - Friday, 9:00 - 17:00 (BST, UTC+6)

Prepared 2 October 2026. Prices and departures can change - the current version is always at:

<https://www.dttbhutan.com/packages/snowman-trek>