

Sagala Trek via Haa Valley

A short alpine trek through wildflower meadows near Haa, with views of Mt. Jomolhari from camp.

TRIP LENGTH

7 days / 6 nights

GROUP SIZE

Up to 8

STYLE

Trekking

ACTIVITY LEVEL

Moderate

FROM

Nu. 71,500 per person

The Sagala Pass sits above Haa Valley in a stretch of Bhutan few trekkers reach, with the trek's high camp offering some of the best unobstructed views of Mt. Jomolhari in the country - no multi-week commitment required.

Day by day

Day 1 - Arrival, transfer to Thimphu

Thimphu

Arrive in Paro and drive to the capital.

Includes: Airport pickup

Meals: Lunch, Dinner | Stay: No overnight stay

Day 2 - Paro Valley & Tiger's Nest hike

Paro

Bhutan's signature hike plus a local market visit before the trek begins.

Includes: Paro Taktsang (Tiger's Nest), Kaja Throm market

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 3 - Trek to Sagala Camp

Haa

Start from Talung and climb to a high camp at 3,600m.

Includes: Sagala Camp

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 4 - Trek to Ningula

Haa

A shorter day higher into alpine wildflower meadows at 3,800m.

Includes: Alpine meadows

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 5 - Trek to Chele La, drive to Paro

Paro

The trek's final stretch ends at one of Bhutan's highest motorable passes.

Includes: Chele La Pass

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 6 - Day hike to Chumphu Monastery

Paro

A remote pilgrimage site associated with a legendary floating statue.

Includes: Chumphu Nye

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 7 - Departure

Paro

Transfer to the airport for your flight home.

Includes: Departure transfer

Meals: Breakfast | Stay: No overnight stay

What's included

Included in the price

- + Licensed guide & trek crew
- + Camping equipment
- + Pack animals for gear
- + All meals during the trek
- + Hotel accommodation on non-trek nights

Not included

- International flights
- Sustainable Development Fee (SDF)
- Visa fee
- Personal expenses

Scheduled departures

Prices are per person in Bhutanese ngultrum (BTN), sharing a twin room.

DEPARTS / RETURNS	PRICE	AVAILABILITY
6 Oct 2026 to 12 Oct 2026	Nu. 71,500	Available
11 Oct 2026 to 17 Oct 2026	Nu. 71,500	Limited space
16 Oct 2026 to 22 Oct 2026	Nu. 71,500	Available
22 Oct 2026 to 28 Oct 2026	Nu. 71,500	Available
11 Nov 2026 to 17 Nov 2026	Nu. 71,500	Limited space
15 Nov 2026 to 21 Nov 2026	Nu. 71,500	Available
5 Dec 2026 to 11 Dec 2026	Nu. 71,500	Sold out
5 Jan 2027 to 11 Jan 2027	Nu. 71,500	Limited space
10 Feb 2027 to 16 Feb 2027	Nu. 71,500	Available
8 Mar 2027 to 14 Mar 2027	Nu. 71,500	Available
15 Mar 2027 to 21 Mar 2027	Nu. 71,500	Available
25 Mar 2027 to 31 Mar 2027	Nu. 71,500	Available
5 Apr 2027 to 11 Apr 2027	Nu. 71,500	Available
13 Apr 2027 to 19 Apr 2027	Nu. 71,500	Available

22 Apr 2027 to 28 Apr 2027	Nu. 71,500	Limited space
9 May 2027 to 15 May 2027	Nu. 71,500	Available
15 May 2027 to 21 May 2027	Nu. 71,500	Available
4 Sep 2027 to 10 Sep 2027	Nu. 71,500	Available
15 Sep 2027 to 21 Sep 2027	Nu. 71,500	Available
23 Sep 2027 to 29 Sep 2027	Nu. 71,500	Available
3 Oct 2027 to 9 Oct 2027	Nu. 71,500	Available
10 Oct 2027 to 16 Oct 2027	Nu. 71,500	Available
17 Oct 2027 to 23 Oct 2027	Nu. 71,500	Available
22 Oct 2027 to 28 Oct 2027	Nu. 71,500	Available
6 Nov 2027 to 12 Nov 2027	Nu. 71,500	Available
22 Nov 2027 to 28 Nov 2027	Nu. 71,500	Available

Talk to us

Send us a message through our website:

<https://www.dttbhutan.com/contact>

Monday - Friday, 9:00 - 17:00 (BST, UTC+6)

Prepared 2 October 2026. Prices and departures can change - the current version is always at:

<https://www.dttbhutan.com/packages/sagala-trek-via-haa-valley>