

# Central Bhutan Wildlife & Heritage Trail

A 6-day route through Trongsa, Bumthang, and Zhemgang - royal history, ancient temples, and Bhutan's richest wildlife habitat.

TRIP LENGTH

**6 days / 5 nights**

GROUP SIZE

**Up to 8**

STYLE

**Wildlife**

ACTIVITY LEVEL

**Moderate**

FROM

**Nu. 56,000 per person**

Central Bhutan sees a fraction of the visitors the west does. This route combines the royal family's ancestral seat at Trongsa, the temple-dense valleys of Bumthang, and the subtropical forests of Zhemgang near Royal Manas National Park.

## Day by day

### Day 1 - Drive to Trongsa

Trongsa

The ancestral seat of Bhutan's royal family, perched above the Mangde River gorge.

Includes: Trongsa Dzong, Ta Dzong Royal Heritage Museum

Meals: Breakfast, Dinner | Stay: No overnight stay

### Day 2 - Drive to Bumthang

Bumthang

Considered Bhutan's spiritual heartland, home to some of its oldest temples.

Includes: Jambay Lhakhang, Kurjey Lhakhang

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

### Day 3 - Bumthang valleys

Bumthang

A full day exploring temples and local producers across the Bumthang valleys.

Includes: Tamshing Monastery, Local cheese & honey tasting

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

### Day 4 - Drive to Zhemgang

Zhemgang

Descending into subtropical forest - a biodiversity hotspot near Royal Manas National Park.

Includes: Zhemgang Dzong, Forest nature walk

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

### Day 5 - Zhemgang wildlife & villages

Zhemgang

A day dedicated to spotting golden langurs and visiting nearby farming villages.

Includes: Golden langur habitat viewing, Village visit

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

### Day 6 - Return via Trongsa, departure

Trongsa

Retrace the route back toward Trongsa for onward road or flight connections.

Includes: Return transfer

Meals: Breakfast | Stay: No overnight stay

## What's included

#### Included in the price

- + Licensed guide
- + Private vehicle & driver
- + Hotel accommodation
- + All meals

#### Not included

- Flights
- Sustainable Development Fee (SDF)
- Visa fee
- Personal expenses

## Scheduled departures

Prices are per person in Bhutanese ngultrum (BTN), sharing a twin room.

| DEPARTS / RETURNS          | PRICE      | AVAILABILITY  |
|----------------------------|------------|---------------|
| 3 Oct 2026 to 8 Oct 2026   | Nu. 56,000 | Available     |
| 13 Oct 2026 to 18 Oct 2026 | Nu. 56,000 | Available     |
| 18 Oct 2026 to 23 Oct 2026 | Nu. 56,000 | Available     |
| 22 Oct 2026 to 27 Oct 2026 | Nu. 56,000 | Available     |
| 10 Nov 2026 to 15 Nov 2026 | Nu. 56,000 | Available     |
| 20 Nov 2026 to 25 Nov 2026 | Nu. 56,000 | Available     |
| 19 Dec 2026 to 24 Dec 2026 | Nu. 56,000 | Available     |
| 12 Jan 2027 to 17 Jan 2027 | Nu. 56,000 | Sold out      |
| 4 Feb 2027 to 9 Feb 2027   | Nu. 56,000 | Available     |
| 8 Mar 2027 to 13 Mar 2027  | Nu. 56,000 | Available     |
| 14 Mar 2027 to 19 Mar 2027 | Nu. 56,000 | Available     |
| 24 Mar 2027 to 29 Mar 2027 | Nu. 56,000 | Available     |
| 8 Apr 2027 to 13 Apr 2027  | Nu. 56,000 | Limited space |
| 11 Apr 2027 to 16 Apr 2027 | Nu. 56,000 | Available     |
| 21 Apr 2027 to 26 Apr 2027 | Nu. 56,000 | Available     |
| 12 May 2027 to 17 May 2027 | Nu. 56,000 | Limited space |
| 24 May 2027 to 29 May 2027 | Nu. 56,000 | Available     |
| 3 Sep 2027 to 8 Sep 2027   | Nu. 56,000 | Available     |
| 14 Sep 2027 to 19 Sep 2027 | Nu. 56,000 | Available     |
| 19 Sep 2027 to 24 Sep 2027 | Nu. 56,000 | Available     |

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|----------------------------|------------|-----------|
| 3 Oct 2027 to 8 Oct 2027   | Nu. 56,000 | Available |
| 13 Oct 2027 to 18 Oct 2027 | Nu. 56,000 | Available |
| 15 Oct 2027 to 20 Oct 2027 | Nu. 56,000 | Sold out  |
| 25 Oct 2027 to 30 Oct 2027 | Nu. 56,000 | Available |
| 6 Nov 2027 to 11 Nov 2027  | Nu. 56,000 | Available |
| 16 Nov 2027 to 21 Nov 2027 | Nu. 56,000 | Sold out  |

## Talk to us

Send us a message through our website:

<https://www.dttbhutan.com/contact>

Monday - Friday, 9:00 - 17:00 (BST, UTC+6)

Prepared 2 October 2026. Prices and departures can change - the current version is always at:

<https://www.dttbhutan.com/packages/central-bhutan-wildlife-heritage-trail>