

10-Day Central Bhutan Discovery

A 10-day journey from Thimphu through Punakha and Bumthang to the crane valley of Phobjikha, finishing in Paro.

TRIP LENGTH

10 days / 9 nights

GROUP SIZE

Up to 10

STYLE

Cultural

ACTIVITY LEVEL

Easy

FROM

Nu. 90,000 per person

This route trades speed for depth - a full day in each major valley rather than a quick stop, including Bumthang's temple cluster and an overnight near the black-necked cranes of Phobjikha before finishing with Tiger's Nest.

Day by day

Day 1 - Arrival, transfer to Thimphu

Thimphu

Arrive in Paro and drive to the capital for your first night.

Includes: Airport pickup

Meals: Lunch, Dinner | Stay: No overnight stay

Day 2 - Thimphu sightseeing

Thimphu

A full day of markets, museums, and the capital's memorial stupa.

Includes: Weekend market, National museums, Memorial Chorten

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 3 - Punakha via Dochula Pass

Punakha

Stop at Dochula's 108 chortens before descending to Bhutan's former winter capital.

Includes: Dochula Pass, Punakha Dzong, Chimi Lhakhang

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 4 - Punakha to Bumthang via Trongsa

Bumthang

A scenic mountain crossing with a stop at the ancestral seat of the royal family.

Includes: Trongsa Dzong, Chendebji Chorten

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 5 - Bumthang temples & farm visit

Bumthang

Visit the valley's founding-era temples and sample local cheese at a Swiss-run dairy farm.

Includes: Kurjey Lhakhang, Jambay Lhakhang, Tamshing Monastery, Jakar Dzong, Swiss Farm

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 6 - Back through Trongsa toward Gangtey

Wangdue Phodrang

Retrace the mountain road west, stopping at Trongsa's heritage museum.

Includes: Ta Dzong heritage museum

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 7 - Phobjikha Valley

Wangdue Phodrang

A full day in Bhutan's glacial crane valley, with an option to stay in a local farmhouse.

Includes: Phobjikha Valley nature trail, Gangtey Monastery

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 8 - Gangtey to Paro

Paro

Drive the final leg west into Paro Valley for sightseeing.

Includes: Paro town

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 9 - Tiger's Nest hike & Drukgyal ruins

Paro

Bhutan's signature hike, followed by the ruins of a dzong that once guarded against Tibetan invasion.

Includes: Paro Taktsang (Tiger's Nest), Drukgyal Dzong ruins, Kyichu Lhakhang

Meals: Breakfast, Lunch, Dinner | Stay: No overnight stay

Day 10 - Departure

Paro

Transfer to Paro International Airport for your onward flight.

Includes: Departure transfer

Meals: Breakfast | Stay: No overnight stay

What's included

Included in the price

- + Licensed guide
- + Private vehicle & driver
- + Hotel accommodation
- + All meals

Not included

- International flights
- Sustainable Development Fee (SDF)
- Visa fee
- Personal expenses

Scheduled departures

Prices are per person in Bhutanese ngultrum (BTN), sharing a twin room.

PRICE

AVAILABILITY

5 Oct 2026 to 14 Oct 2026	Nu. 90,000	Sold out
9 Oct 2026 to 18 Oct 2026	Nu. 90,000	Available
19 Oct 2026 to 28 Oct 2026	Nu. 90,000	Sold out
21 Oct 2026 to 30 Oct 2026	Nu. 90,000	Available
5 Nov 2026 to 14 Nov 2026	Nu. 90,000	Limited space
19 Nov 2026 to 28 Nov 2026	Nu. 90,000	Available
5 Dec 2026 to 14 Dec 2026	Nu. 90,000	Available
18 Jan 2027 to 27 Jan 2027	Nu. 90,000	Available
10 Feb 2027 to 19 Feb 2027	Nu. 90,000	Available
3 Mar 2027 to 12 Mar 2027	Nu. 90,000	Available
12 Mar 2027 to 21 Mar 2027	Nu. 90,000	Available
23 Mar 2027 to 1 Apr 2027	Nu. 90,000	Available
7 Apr 2027 to 16 Apr 2027	Nu. 90,000	Limited space
11 Apr 2027 to 20 Apr 2027	Nu. 90,000	Available
22 Apr 2027 to 1 May 2027	Nu. 90,000	Available
7 May 2027 to 16 May 2027	Nu. 90,000	Available
15 May 2027 to 24 May 2027	Nu. 90,000	Available
5 Sep 2027 to 14 Sep 2027	Nu. 90,000	Sold out
12 Sep 2027 to 21 Sep 2027	Nu. 90,000	Available
20 Sep 2027 to 29 Sep 2027	Nu. 90,000	Available
4 Oct 2027 to 13 Oct 2027	Nu. 90,000	Available
9 Oct 2027 to 18 Oct 2027	Nu. 90,000	Available
15 Oct 2027 to 24 Oct 2027	Nu. 90,000	Limited space
24 Oct 2027 to 2 Nov 2027	Nu. 90,000	Limited space
6 Nov 2027 to 15 Nov 2027	Nu. 90,000	Available
19 Nov 2027 to 28 Nov 2027	Nu. 90,000	Available

Talk to us

Send us a message through our website:

<https://www.dttbhutan.com/contact>

Monday - Friday, 9:00 - 17:00 (BST, UTC+6)

Prepared 2 October 2026. Prices and departures can change - the current version is always at:

<https://www.dttbhutan.com/packages/10-day-central-bhutan-discovery>